

DirigoPines
Retirement Community

Inn the Pines

ISSUE 42

AUGUST 2010

This month offers

Welcome to our August Activity Guide!

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

See the calendar insert for complete details!

August Thoughts

Dirigo Pines is an active retirement community. What that means to me is energetic and interested people engaged in interactive and diverse interests. I think our calendars reflect a broad spectrum of programs, many of which are suggested by residents!

Please know that all our activities are open to our entire community and we welcome all residents to attend the music programs, afternoon and evening; the evening speaker programs; movie nights; Discussion Series with Stan and Tom; Opera Night with Tom Watson and so much more! Is there something you would like to see? Contact me with your suggestions.

Our calendar also reflects a wide range of groups that might be of interest — garden club, Mahjong club, Scrabble group, Cribbage players, Bridge players, Library Committee and the Dirigo Songsters.

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You will note that last month was the first month of “People’s Choice” movies shown on Wednesday and Saturday evenings. If you have a particular favorite, please forward that information to me so I can add it to the list!

Thanks to all of you that have forwarded suggestions to me or responded to past surveys. I do my best to include **all** suggestions (eventually) in our programming.

My best,

Juanita

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August Special Events & Guest Speakers

Discussion Series with Tom & Stan

No discussion series this month

Prof. Dick Hill

“Out of Oil?”

Monday August 16th —7:15 pm (PMR)

LOTS with Tom Watson
(Looking Over Theatres’ Shoulder)

“Topsy –Turvy”

A film based on the creation of Gilbert & Sullivan’s, *The Mikado*

Tuesday August 3rd—7:15 pm (PMR)

Gisela Rand

“WWII Survivor—Compassion During War”

Tuesday August 17th —7:15 pm (PMR)

Jane Pierce

“Crosses of the World”

Thursday August 19th—7:15 pm (PMR)

Antique Road Show

“Bring your antiques for an estimate!
\$25.00 for three items”

Saturday August 7th—(KGP) 10:00—2:00

Out to Lunch Bunch

Seadog Brewing

Friday August 27th (NOTE DATE
CHANGE)

Bus Leaves at 11:15

Stephen May—Art Historian

“Mystique & Modernism—The Art of Georgia O’Keefe”

Monday August 9th—7:15 pm (PMR)

Barbara Fister

“Overview of Memory Joggers: A Proactive Approach to Early Memory Loss”

Tuesday August 24th—7:15 pm (PMR)

Joe Dudley

“Joe & His Horse, Part II”

Tuesday August 10th—7:15 pm (PMR)

Campfire for Alzheimer’s

“Fundraiser for the Alzheimer’s Memory Walk—Team Dirigo Pines”

Monday August 30th– 7:00 pm on the Patio
Stop by and buy a S’mores!!

Resident Will Bartlett

“VJ Day– Were the Japanese Forces Under-estimated?”

Friday August 13th —7:15 pm (PMR)

Evelyn Conrad

“Hypnosis and How It Works!”

Tuesday August 31st—7:15 pm (PMR)

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August Musical Events

Julie Monroe (guitar)

Monday August 2nd—Noon
(Meadowbrook)

Opera Night with Tom Watson

“The Ghosts of Versaille”
Saturday August 14th—7:15 (PMR)

Brian McLennon (guitar)

Wednesday August 4th—2:00 pm (KGP)

Julie Monroe (guitar)

Monday August 16th—Noon
(Meadowbrook)

Fran & Dave (sing along)

Monday August 9th—Noon
(Meadowbrook)

Judy Faust (harp)

Thursday August 19th—
Noon (Meadowbrook)



Dennis McGuire (one man band)

Wednesday August 11th—2:00 pm (KGP)

Song & Dance with Theresa (Karaoke)

Friday August 20th—2:30 pm (Arbor)

Dave Demers—Ballroom Piano

Thursday August 12th—7:15 (PMR)

Kathy & Ed—Nostalgia Music

Monday August 23rd—Noon
(Meadowbrook)

Durango Mango Band

Friday August 13th—2:00 pm (KGP)

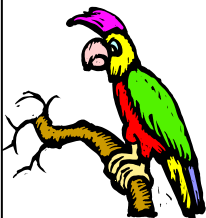
Jerry & Friends (piano & singing)

Friday August 27th—3:30 pm (Arbor)

Songsters

Tuesdays, 3:30 (PMR)

Jerry, Terry, and the Songsters meet every Tuesday. This group is for everyone who loves to sing and perform in variety shows.



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August "People's Choice" Movies

The Whales of August

1987 - 1 hr 33min - Not Rated

Wednesday, August 4, 7:15 (PMR)

Libby (Bette Davis) and Sarah (Lillian Gish), two sisters facing the twilight years, ruminate on the paths they've taken in this fascinating drama showcasing a pair of actresses who've delivered some of cinema's golden moments. Although she's blind, Libby shows not an inch of weakness, even as she's cared for by the more forgiving Sarah. Every August, they await the return of migrating whales that grace the coastal area by their home in Maine.

Grease

1978 - 110 minutes - PG13

Saturday, August 7, 7:15 (PMR)

Director Randal Kleiser's film version of the hit Broadway musical about 1950s teen angst took the country by storm, inspiring a wave of nostalgia and receiving a slew of Golden Globe and Oscar nominations. In between flashily choreographed musical numbers, the film chronicles the romantic entanglements of a group of high school seniors, starting with a summer fling between greaser Danny (John Travolta) and good girl Sandy (Olivia Newton-John).

Leap Year

2009 - 97 minutes - PG

Wednesday, August 11, 7:15 (PMR)

Anna (Amy Adams) chooses February 29 to propose marriage to her "perfect" boyfriend, Jeremy (Adam Scott), sure he'll accept because of an Irish custom. But after meeting charming innkeeper Declan (Matthew Goode) en route to Dublin, Anna must evaluate her original plans. Anand Tucker directs this charming romantic comedy about finding what one really wants in the most unexpected places. John Lithgow co-stars.

The American President

1995 - 115 minutes - PG13

Wednesday, August 18, 7:15 (PMR)

Widowed U.S. president Andrew Shepherd (Michael Douglas), one of the world's most powerful men, can have anything he wants -- and what he covets most is Sydney Ellen Wade (Annette

Bening), a Washington lobbyist. But Shepherd's attempts at courting her spark wild rumors and decimate his approval ratings in this romantic comedy. Rob Reiner directs, and Michael J. Fox and Martin Sheen co-star. The film was nominated for a Best Score Oscar.

Whatever Happened To Aunt Alice?

1969 - 96 minutes - PG

Saturday, August 21, 7:15 (PMR)

When the feisty Alice Dimmock (Ruth Gordon) takes a job working for the widowed Claire Marable (Oscar winner Geraldine Page), she can't help but be suspicious. After all, she's next in a long line of housekeepers who have mysteriously "disappeared." Concerned for her safety, Alice's nephew urges her to quit ... but his aunt is determined to stay. Robert Aldrich (What Ever Happened to Baby Jane?) produces.

The Queen

2006 - 103 minutes - PG13

Wednesday, August 25, 7:15 (PMR)

After Princess Diana's shocking death, Queen Elizabeth II (Helen Mirren, in an Oscar-winning role) and Tony Blair (Michael Sheen) engage in intimate talks as Britain demands the princess be memorialized in a manner beyond standard protocol. This Best Picture nominee goes behind the scenes as the queen and prime minister try to manage Diana's death on a personal level and deal with the public's call for the beloved princess's royal treatment.

Cirque du Soleil: Saltimbanco

1997 - 56 minutes - Not Rated

Saturday, August 28, 7:15 (PMR)

Saltimbanco is a celebration of life where an international troupe of more than fifty performers defy gravity and dazzle with their artistry. Created in 1994 as an antidote to the violence and despair typical of the 20th century, this phantasmagorical show proposes a new vision of urbanity, overflowing with optimism and happiness.

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August Health, Wholeness and Fun

Movie Committee News

Feel free to submit any movie suggestions to Juanita — we have a new “People’s Choice” Movie Committee!!

Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday

All classes are at 10:00

Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

Sittercise

Monday, Wednesday,
& Friday 10:30

In the Kenduskeag Gathering Place

If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.

Line Dancing

Line Dancing cancelled for the months of July and August. Look for the return of Line Dancing in September!

VIOLA—Alterations

Monday August 9th & 23rd—10:00 a.m.
Resource Room



Coping Group

Wednesday August 11th—3:00 pm
(Library)

Join Anne Donovan Fortier for help with coping.

Hearing Center (VDO)

NO AUGUST DATE

Pearle Vision (VDO)

Thursday August 26th at 3:00 pm

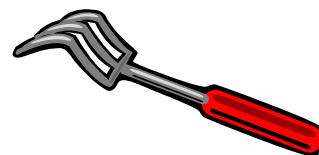
Matter of Balance Class

July 1st—August 19th for those previously signed up

Dirigo Pines Community Garden

Stop by on Monday August 9th from 10:00—Noon to see how the garden is looking! Light refreshments will be served.

Rain date August 11th



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August Book Clubs & Groups

Special Out to Lunch Bunch
Wednesday August 4th—11:15
Pat’s Pizza in Orono

Library Committee 1st Thursday—August 5th
at 3:30 p.m. (Library)

Megan’s Book Club
August 25th—2:00 pm—Library
“Lottery” by Patricia Wood

“A funny, poignant, and wise novel about a very rich underdog who shows everyone how little his IQ says about his smarts. *Lottery* is a novel about trust, loyalty and what distinguishes us as capable.”



Bible Study with Rev. Lorna Grenfell
No Bible Study for August

Scrabble Group—Every Tuesday at 1:30
(GR) Do you like friendly word games? Join this group!



Out to Lunch Bunch
Friday August 27th -
Leaving at 11:15
Seadog Brewing in Bangor
(NOTE DATE CHANGE)

Bridge Club Wednesdays, 3:00
(PP)

All Bridge players are welcome at this Wednesday afternoon group.



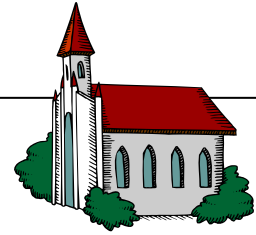
Garden Club
Tuesday August 17th at 10:00 (GR)



Cribbage Club—Every other
Thursday at 3:00
August 12th and August 26th
(PP)

Mahjong Club Mondays, 1:30 (PP) and Fridays
2:00 (PP)

This is an incredibly fun game and easy to learn. Come let the residents teach you!



August Religious Services

Van departs for Church Services in the local area every Sunday at 9:00
Note time change for Summer

3rd Sunday Service – August 15th, at 2:00
Pastor Dave Natale, Faith Baptist Church (A)

4th Sunday Service - August 22nd, at 2:00
Bill Fink, Inter Church Ministries (Arbor)

5th Sunday Service - August 29th, at 2:00
Erin Martin, Inter Church Ministries (Arbor)

Catholic Communion every Sunday at 10:00
A Catholic Communion Service is offered in the Arbor every Sunday at 10:00.

Bible Study - Every Monday 3:30 (PP)
NO BIBLE STUDY FOR JULY & AUGUST

Rev Lorna Grenfell, Church of Universal Fellowship

Catholic Mass,
No Catholic Mass until further notice—
Father Tom has retired

1st Sunday Service – August 1st, at 2:00
Rev. Lorna Grenfell,
Church of Universal Fellowship (Arbor)

Bible Study and Hymn Sing
Tuesdays, 7:00 pm
Pastor David Natale (Arbor)

2nd Sunday Service –August 8th, at 2:00
Bill Fink, Inter Church Ministries (Arbor)

Further information on the abbreviations in the Activity Guide:

- GR - Garden Room
- PMR - Penobscot Media Room
- KGP - Kenduskeag Gathering Place
- L - Library (usually spelled out)
- L & L - Lounge & Lobby
- MDR - Penobscot Main Dining Room
- KCK - Kenduskeag Country Kitchen
- KLR - Kenduskeag Living Room
- PP - Penobscot Parlor (Social Room next to library)
- A - Arbor
- M - Meadowbrook Living Room
- VDO - Visiting Doctor’s Office

Looking Ahead.....to September

Jim Acheson—The Lobster Gangs of Maine

Prof. Peter Jumars—Marine Sciences

Nathan Freeman—Wealth Management

Staff Member Marlowe Parks – Religious Program

Stan & Tom Discussion— “Chivalry! It’s Not Dead!”



AUGUST PHOTO GALLERY

